



PE Subject Long Term Plan

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	BEAM – Locomotion Walking/Jumping	Ball Skills Hands/Feet	Gymnastics Moving	Attack and Defence Games Games for Understanding	Outdoor Adventurous Games (Y1)	Dance
Year 1	Ball Skills Hands 1	Ball Skills Hands 2 Ball Skills Feet	Games for Understanding Dance Growing	Gymnastics Body Parts Team Building	Rackets, Bats & Balls Health & Wellbeing	Running Jumping
Year 2	Ball Skills Hands 1 Dodging	Ball Skills Feet Ball Skills Hands 2	Games for Understanding Dance Explorers	Gymnastics Linking Team Building	Rackets, Bats & Balls Health & Wellbeing	Jumping Swimming
Year 3	Netball Dodgeball	Football Hockey	Rugby Dance	Gymnastics Tennis	Cricket Rounders Swimming	Athletics Outdoor Adventurous Activities
Year 4	Netball	Football	Rugby	Gymnastics	Cricket	Athletics



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	Dodgeball	Hockey	Dance	Tennis Swimming	Rounders	Outdoor Adventurous Activities
Year 5	Netball Dodgeball	Football Hockey	Rugby Dance Swimming	Gymnastics Tennis	Cricket Rounders	Athletics Outdoor Adventurous Activities
Year 6	Netball Dodgeball Swimming	Football Hockey Swimming	Rugby Dance	Gymnastics Tennis	Cricket Rounders	Outdoor Adventurous Activities (Y6 Residential trip to Bowles) Athletics