



	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	Ball Skills Hands 1	Ball Skills Hands 1	Ball Skills Hands 1	Dodging	Dodging	Dodging
Term 1	Lesson 1: Through the Gate	Lesson 2: Postman Pat: Passing	Lesson 3: Keep moving: Introduce a defender	Lesson 1: Protect the treasure	Lesson 2 Mud Monsters: Avoid the traps	Lesson 3: Team dodgeball / danger dodgeball
	LO: To accurately pass the ball through their gate apply the chest pass. KS2:PE1 KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)	LO: To pass keeping possession of the ball. KS2:PE1 KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)	LO: To combine dribbling, passing and receiving keeping possession to score a point. KS2:PE1 KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)	LO: To avoid (dodge) the defender to score a point. KS2:PE1 KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)	LO: To avoid the mud monster's traps to keep the defenders score as low as possible. KS2:PE1 KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)	LO: To dodge the ball avoiding being hit. KS2:PE1 KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)
Term 2	Ball Skills Feet Lesson 1: Hunter LO: To dribble the ball into a zone to score a	Ball Skills Feet Lesson 2: Radar LO: To understand why we need to stop the ball under	Ball Skills Feet Lesson 3: 5v1 LO: To combine passing and dribbling to keep the	Ball Skills Hands 2 Lesson 1: Beat the Beanbag: Racing Rounders	Ball Skills Hands 2 Lesson 2 Passing pathways / zigzag catch	Ball Skills Hands 2 Lesson 3: Battleships: Throwing
	point.	control.	ball away form a defender.			





	KS2:PE1	KS2:PE1	KS2:PE1	LO: To will throw their	LO: To throw their ball	LO: To throw their ball
	KS2:PE2	KS2:PE2	KS2:PE2	beanbag underarm to their	underarm to their team	with accuracy and hit
				partner's target (hands).	member's target (hands).	their partner's battleship.
		Big Idea (Aspects):	Big Idea (Aspects):	KS2:PE1	KS2:PE1	KS2:PE1
	Big Idea (Aspects): Processes (Sending & Striking)	Processes (Sending & Striking)	Processes (Sending & Striking)	KS2:PE2	KS2:PE2	KS2:PE2
	Processes (Team Games) Creativity (Evaluation)	Processes (Team Games) Creativity (Evaluation)	Processes (Team Games) Creativity (Evaluation)	Big Idea (Aspects): Processes (Sending & Striking)	Big Idea (Aspects): Processes (Sending & Striking)	Big Idea (Aspects): Processes (Sending & Striking)
				Processes (Team Games) Creativity (Evaluation)	Processes (Team Games) Creativity (Evaluation)	Processes (Team Games) Creativity (Evaluation)
	Games for	Games for understanding	Games for understanding	Dance Explorers	Dance Explorers	Dance Explorers
Term 3	understanding	Lesson 2: Galaxy	Lesson 3: Galaxy Stars:	Lesson 1: Preparing for an	Lesson 2 Travelling on	Lesson 3: Making a
	Lesson 1: Galaxy	Defenders: Defensive	Competition	expedition	our expedition	discovery
	Attackers: Attacking	tactics				
	tactics		LO: To create and apply	LO: To create movements	LO: To create movements	LO: To create movements
		LO: To create and apply	simple tactics for attack	that represent an explorer	that represent an explorer	that represent an explorer
	LO: To create simple	simple tactics for attack	and defence and apply	preparing for an expedition.	setting off for an	making a discovery.
	attacking tactics and	and defence and apply	these into a game.	KS2:PE3	expedition.	KS2:PE3
	apply these into a game.	these into a game.	KS2:PE1		KS2:PE3	
	KS2:PE1	KS2:PE1	KS2:PE2	Big Idea (Aspects):		Big Idea (Aspects):
	KS2:PE2	KS2:PE2	Big Idea (Aspects):	Processes (Dance) Creativity (Evaluation)	Big Idea (Aspects):	Processes (Dance) Creativity (Evaluation)
	Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games)	Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games)	Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)		Processes (Dance) Creativity (Evaluation)	





	Creativity (Evaluation)	Creativity (Evaluation)				
Term 4	Gymnastics Linking	Gymnastics Linking	Gymnastics Linking	Team Building	Team Building	Team Building
	Lesson 1: Developing	Lesson 2: Developing	Lesson 3: Linking	Lesson 1: Three of a Kind	Lesson 2 Number Card	Lesson 3: Treasure
	'linking'	'linking' on apparatus	movements and balances		Challenge	Island
			on apparatus	LO: To work as a team to		
	LO: To link a movement	LO: To link a movement or		successfully complete the	LO: To understand why	LO: To create and apply
	or a balance to a roll.	a balance to a roll using	LO: To link three	challenge.	communication is	simple tactics to
	KS2:PE1	apparatus.	movements and a balance	KS2:PE2	important when working	complete the challenge.
		KS2:PE1	together on apparatus.		in a team.	KS2:PE2
	Big Idea (Aspects):		KS2:PE1	Big Idea (Aspects):	KS2:PE2	
	Processes (Gymnastics) Creativity (Evaluation)	Big Idea (Aspects): Processes (Gymnastics) Creativity (Evaluation)	Big Idea (Aspects): Processes (Gymnastics) Creativity (Evaluation)	Processes (Sending & Striking) Processes (Outdoor Adventurous Activities) Creativity (Evaluation)	Big Idea (Aspects): Processes (Outdoor Adventurous Activities) Creativity (Evaluation)	Big Idea (Aspects): Processes (Sending & Striking) Processes (Outdoor Adventurous Activities) Creativity (Evaluation)
	Rackets, Bats & Balls	Rackets, Bats & Balls	Rackets, Bats & Balls	Health & Well Being	Health & Well Being	Health & Well Being
Term 5	Lesson 1: Cannonball	Lesson 3: Wall Ball: Hit the target	Lesson 2: Three T Cricket	Lesson 1: Agility Lights	Lesson 2: Colour combination	Lesson 3: Coordination traps
	towards a target, using a	need to be accurate when	LO: To develop their	LO: To understand why		
			understanding of why we	they need be agile when	LO: To apply their	LO: To dribble around the
			need to hit (strike) the ball	they move.	understanding of why	space avoiding making
	racket, with power and		into space in order to win a	KS2:PE1	they need to be agile	contact with a trap or the
	accuracy.		game		when they move.	defenders.
	KS2:PE1		KS2:PE1	Big Idea (Aspects): Processes (Athletics)	KS2:PE1	KS2:PE1





	Big Idea (Aspects): Processes (Sending & Striking) Creativity (Evaluation)	Big Idea (Aspects): Processes (Sending & Striking) Creativity (Evaluation)	KS2:PE2 Big Idea (Aspects): Processes (Sending & Striking) Processes (Team Games) Creativity (Evaluation)	Creativity (Evaluation)	Big Idea (Aspects): Processes (Athletics) Creativity (Evaluation)	Big Idea (Aspects): Processes (Athletics) Creativity (Evaluation)
Term 6	Jumping	Jumping	Jumping	Jumping	Jumping	Jumping
	Lesson 1: Cross the	Lesson 2: Lily Pads and	Lesson 3: Jumping	Lesson 4: Jumping	Lesson 5: Jumping	Lesson 6: Mud Monsters:
	River: Avoid the Rocks	Snakes	Patterns	combination competition	combination competition: Speed	Avoid the traps
	LO: To create a path to	LO: To identify space and	LO: To perform and repeat	LO: To jump applying a		LO: To avoid the mud
	successfully jump across	jump or hop into it.	their jumping combination	combination of different	LO: To jump at speed	monster's traps to keep
	the river.	KS2:PE1	together.	jumps.	applying the correct	the defender's score as
	KS2:PE1		KS2:PE1	KS2:PE1	technique.	low as possible.
	Big Idea (Aspects): Processes (Athletics) Creativity (Evaluation)	Big Idea (Aspects): Processes (Athletics) Creativity (Evaluation)	Big Idea (Aspects): Processes (Athletics) Creativity (Evaluation)	Big Idea (Aspects): Processes (Athletics) Investigation (Data Analysis) Creativity (Evaluation)	KS2:PE1 Big Idea (Aspects): Processes (Athletics) Investigation (Data Analysis) Creativity (Evaluation)	KS2:PE1 Big Idea (Aspects): Processes (Team Games) Creativity (Evaluation)