



## Year Two PSHE/RSE Overview for the Year

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<b>Term 1</b>	<p>Being me in my World</p> <p><b>Lesson 1: Hopes and Fears for the Year</b></p> <p><b>LO:</b> To identify some of my hopes and fears for this year</p> <p><b>Big Idea (Aspect)</b> Change (life changes)</p>	<p>Being me in my World</p> <p><b>Lesson 2: Rights and Responsibilities</b></p> <p><b>LO:</b> To understand the rights and responsibilities for being a member of my class and school.</p> <p><b>Big Idea (Aspect)</b> Investigation (School rules and community)</p> <p>Nature (Rights of others)</p>	<p>Being me in my World</p> <p><b>Lesson 3: Rewards and Consequences</b></p> <p><b>LO:</b> To listen to other people and contribute my own ideas about rewards and consequences</p> <p><b>Big Idea (Aspect)</b> Nature (Rights of others)</p>	<p>Being me in my World</p> <p><b>Lesson 4: Rewards and Consequences</b></p> <p><b>LO:</b> To listen to other people and contribute my own ideas about rewards and consequences</p> <p><b>Big Idea (Aspect)</b> Nature (Rights of others)</p>	<p>Being me in my World</p> <p><b>Lesson 5: Our Learning Charter</b></p> <p><b>LO:</b> To understand how following the Learning Charter will help me and others learn</p> <p><b>Big Idea (Aspect)</b> Investigation (School rules and community)</p>	<p>Being me in my World</p> <p><b>Lesson 6: Owning our Learning Charter</b></p> <p><b>LO:</b> To recognise the choices I make and understand the consequences</p> <p><b>Big Idea (Aspect)</b> Nature (Rights of others)</p>
<b>Term 2</b>	<p>Celebrating Difference</p> <p><b>Lesson 1: Boys and girls</b></p> <p><b>LO:</b> To start to understand that sometimes people make assumptions about boys and girls (stereotypes)</p> <p><b>Big Idea (Aspect)</b> Change (Physical Development) Place (Diversity)</p>	<p>Celebrating Difference</p> <p><b>Lesson 2: Boys and girls</b></p> <p><b>LO:</b> To start to understand that sometimes people make assumptions about boys and girls (stereotypes)</p> <p><b>Big Idea (Aspect)</b> Change (Physical Development) Place (Diversity)</p>	<p>Celebrating Difference</p> <p><b>Lesson 3: Why does bullying happen?</b></p> <p><b>LO:</b> To understand that bullying is sometimes about difference</p> <p><b>Big Idea (Aspect)</b> Significance (Relationships)</p>	<p>Celebrating Difference</p> <p><b>Lesson 4: Standing up for myself and others</b></p> <p><b>LO:</b> To recognise what is right and wrong and know how to look after myself</p> <p><b>Big Idea (Aspect)</b> Significance (Relationships)</p>	<p>Celebrating Difference</p> <p><b>Lesson 5: Gender Diversity</b></p> <p><b>LO:</b> To understand that it is OK to be different from other people and to be friends with them</p> <p><b>Big Idea (Aspect)</b> Place (Place in the world)</p>	<p>Celebrating Difference</p> <p><b>Lesson 6: Celebrating difference and still being friends</b></p> <p><b>LO:</b> To tell you some ways I am different from my friends</p> <p><b>Big Idea (Aspect)</b> Change (Physical Development) Place (Diversity)</p>



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						Significance (Relationships)
<b>Term 3</b>	<p>Dreams &amp; Goals</p> <p><b>Lesson 1: Goals to Success</b></p> <p><b>LO:</b> To choose a realistic goal and think about how to achieve it  <b>Big Idea (Aspect):</b>                      Creativity (vocabulary)                      Humankind (Wellbeing)</p>	<p>Dreams &amp; Goals</p> <p><b>Lesson 2: My Learning Strengths</b></p> <p><b>LO:</b> To carry on trying (persevering) even when I find tasks difficult  <b>Big Idea (Aspect)</b>                      Place (Diversity)                      Humankind (Setting goals)</p>	<p>Dreams &amp; Goals</p> <p><b>Lesson 3: Learning with Others</b></p> <p><b>LO:</b> To recognise who I work well with and who it is more difficult for me to work with  <b>Big Idea (Aspect)</b>                      Place (Diversity)</p>	<p>Dreams &amp; Goals</p> <p><b>Lesson 4: A Group Challenge</b></p> <p><b>LO:</b> To work well in a group to create an end product  <b>Big Idea (Aspect)</b>                      Creativity ( Speaking, listening and sharing)</p>	<p>Dreams &amp; Goals</p> <p><b>Lesson 5: Continuing Our Group Challenge</b></p> <p><b>LO:</b> To explain some of the ways I worked well in my group to create the end product  <b>Big Idea (Aspect)</b>                      Creativity ( Speaking, listening and sharing)</p>	<p>Dreams &amp; Goals</p> <p><b>Lesson 6: Celebrating Our Achievement</b></p> <p><b>LO:</b> To know how to share success with other people  <b>Big Idea (Aspect)</b>                      Creativity (vocabulary)                      Creativity (speaking and listening)</p>
<b>Term 4</b>	<p>Healthy Me</p> <p><b>Lesson 1: Being Healthy</b></p> <p><b>LO:</b> To know what I need to keep my body healthy  <b>Big Idea (Aspect):</b></p>	<p>Healthy Me</p> <p><b>Lesson 2: Being Relaxed</b></p> <p><b>LO:</b> To show or tell you what relaxed means and I know some things that make me feel relaxed and</p>	<p>Healthy Me</p> <p><b>Lesson 3: Medicine Safety</b></p> <p><b>LO:</b> To understand how medicines work in my body and how important it is to use them safely</p>	<p>Healthy Me</p> <p><b>Lesson 4: Healthy Eating</b></p> <p><b>LO:</b> To sort foods into the correct food groups and know which foods my body</p>	<p>Healthy Me</p> <p><b>Lesson 5: Healthy Eating</b></p> <p><b>LO:</b> To make some healthy snacks and explain why they are good for my body</p>	<p>Healthy Me</p> <p><b>Lesson 6: Happy, Healthy Me!</b></p> <p><b>LO:</b> To understand which foods to eat to give my body energy</p>



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	<p><b>Humankind (healthy lifestyles)</b> <b>Humankind (Personal hygiene)</b></p>	<p>some that make me feel stressed <b>Big Idea (Aspect):</b> <b>Creativity (Vocabulary)</b></p>	<p><b>Big Idea (Aspect):</b> <b>Materials (Consumers)</b></p>	<p>needs every day to keep me healthy <b>Big Idea (Aspect):</b> <b>Humankind (healthy lifestyles)</b></p>	<p><b>Big Idea (Aspect):</b> <b>Humankind (healthy lifestyles)</b></p>	<p><b>Big Idea (Aspect):</b> <b>Humankind (Healthy lifestyles)</b></p>
<b>Term 5</b>	<p>Relationships</p> <p><b>Lesson 1: Families</b></p> <p><b>LO:</b> To identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate <b>Big Idea (Aspect):</b> <b>Place (Place in the world)</b></p>	<p>Relationships</p> <p><b>Lesson 2: Keeping Safe - exploring physical contact</b></p> <p><b>LO:</b> To understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not <b>Big Idea (Aspect):</b> <b>Humankind (Wellbeing)</b> <b>Humankind (Staying Safe)</b></p>	<p>Relationships</p> <p><b>Lesson 3: Friends and Conflict</b></p> <p><b>LO:</b> To identify some of the things that cause conflict with my friends <b>Big Idea (Aspect):</b> <b>Humankind (Wellbeing)</b></p>	<p>Relationship</p> <p><b>Lesson 4: Secrets</b></p> <p><b>LO:</b> To understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret <b>Big Idea (Aspect):</b> <b>Comparison (Compare and contrast)</b></p>	<p>Relationships</p> <p><b>Lesson 5: Trust and Appreciation</b></p> <p><b>LO:</b> To recognise and appreciate people who can help me in my family, my school and my community <b>Big Idea (Aspect):</b> <b>Significance (Special people)</b></p>	<p>Relationships</p> <p><b>Lesson 6: Celebrating My Special Relationships</b></p> <p><b>LO:</b> To express my appreciation for the people in my special relationships <b>Big Idea (Aspect):</b> <b>Significance (Special people)</b></p>
<b>Term 6</b>	<p>Changing Me</p> <p><b>Lesson 1: Life Cycles in Nature</b></p>	<p>Changing Me</p> <p><b>Lesson 2: Growing from Young to Old</b></p>	<p>Changing Me</p> <p><b>Lesson 3: The Changing Me</b></p>	<p>Changing Me</p> <p><b>Lesson 4: Boys' and Girls' Bodies</b></p>	<p>Changing Me</p> <p><b>Lesson 5: Assertiveness</b></p>	<p>Changing Me</p> <p><b>Lesson 6: Looking Ahead</b></p>



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	<p><b>LO:</b> To recognise cycles of life in nature <b>Big Idea (Aspect):</b> Processes (Environment)</p>	<p><b>LO:</b> To tell you about the natural process of growing from young to old and understand that this is not in my control <b>Big Idea (Aspect):</b> Change (Physical development)</p>	<p><b>LO:</b> To recognise how my body has changed since I was a baby and where I am on the continuum from young to old <b>Big Idea (Aspect):</b> Change (Physical development)</p>	<p><b>LO:</b> To recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private <b>Big Idea (Aspect):</b> Change (Physical development)</p>	<p><b>LO:</b> To understand there are different types of touch and can tell you which ones I like and don't like <b>Big Idea (Aspect):</b> Humankind (Wellbeing) Humankind (Staying safe)</p>	<p><b>LO:</b> To identify what I am looking forward to when I move to my next class <b>Big Idea (Aspect):</b> Humankind (Setting goals)</p>
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