



Year Three PSHE/RSE Overview for the Year

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	<p>Being me in my World</p> <p>Lesson 1: Getting to Know Each Other</p> <p>LO: To recognise my worth and can identify positive things about myself and my achievements.</p> <p>Big Idea (Aspect): Humankind (Setting goals)</p>	<p>Being me in my World</p> <p>Lesson 2: Our Nightmare School</p> <p>LO: To face new challenges positively, make responsible choices and ask for help when I need it</p> <p>Big Idea (Aspect): Humankind (Setting goals)</p>	<p>Being me in my World</p> <p>Lesson 3: Our Dream School</p> <p>LO: To understand why rules are needed and how they relate to rights and responsibilities</p> <p>Big Idea (Aspect): Investigation (Issues, evidence and ideas)</p>	<p>Being me in my World</p> <p>Lesson 4: Rewards and Consequences</p> <p>LO: understand that my actions affect myself and others and I care about other people's feelings</p> <p>Big Idea (Aspect): Investigation (Issues, evidence and ideas) Nature (Rights of others)</p>	<p>Being me in my World</p> <p>Lesson 5: Our Learning Charter</p> <p>LO: make responsible choices and take action</p> <p>Big Idea (Aspect): Change (Physical Development)</p>	<p>Being me in my World</p> <p>Lesson 6: Owning our Learning Charter</p> <p>LO: understand my actions affect others and try to see things from their points of view</p> <p>Big Idea (Aspect): Investigation (Issues, evidence and ideas) Nature (Rights of others)</p>
Term 2	<p>Celebrating Difference</p> <p>Lesson 1: Families</p> <p>LO: To understand that everybody's family is different and important to them</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference</p> <p>Lesson 2: Family conflict</p> <p>LO: To understand that differences and conflicts sometimes happen among family members</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference</p> <p>Lesson 3: Witness and feelings</p> <p>LO: To know what it means to be a witness to bullying</p> <p>Big Idea (Aspect): Humankind (Wellbeing)</p>	<p>Celebrating Difference</p> <p>Lesson 4: Witness and solutions</p> <p>LO: To know that witnesses can make the situation better or worse by what they do</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference</p> <p>Lesson 5: Words that harm</p> <p>LO: To recognise that some words are used in hurtful ways</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference</p> <p>Lesson 6: Celebrating difference: compliments</p> <p>LO: To tell you about a time when my words affected someone's feelings and what the consequences were</p>



Year Three PSHE/RSE Overview for the Year

	<p>Significance (Significant people)</p> <p>Place (Diversity)</p> <p>Comparison (Compare and contrast)</p>	<p>Significance (Relationships)</p>		<p>Humankind (Wellbeing)</p>	<p>Humankind (Wellbeing)</p> <p>Humankind (Unacceptable behaviour)</p> <p>Creativity (Speaking, Listening, sharing)</p>	<p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing)</p> <p>Humankind (Unacceptable behaviour)</p> <p>Nature (Rights of others)</p>
Term 3	<p>Dreams & Goals</p> <p>Lesson 1: Dreams and Goals</p> <p>LO: To tell you about a person who has faced difficult challenges and achieved success</p> <p>Big Idea (Aspect): Humankind (Wellbeing)</p>	<p>Dreams & Goals</p> <p>Lesson 2: My Dreams and Ambitions</p> <p>LO: To identify a dream/ambition that is important to me</p> <p>Big Idea (Aspect): Humankind (Setting goals)</p>	<p>Dreams & Goals</p> <p>Lesson 3: A New Challenge</p> <p>LO: To enjoy facing new learning challenges and working out the best ways for me to achieve them</p> <p>Big Idea (Aspect): Humankind (Setting goals)</p>	<p>Dreams & Goals</p> <p>Lesson 4: Our New Challenge</p> <p>LO: To be motivated and enthusiastic about achieving our new challenge</p> <p>Big Idea (Aspect): Humankind (Setting goals)</p>	<p>Dreams & Goals</p> <p>Lesson 5: Our New Challenge - Overcoming Obstacles</p> <p>LO: To recognise obstacles which might hinder my achievement and take steps to overcome them</p> <p>Big Idea (Aspect): Humankind (Setting goals) Place (Diversity) Place (Place in the world)</p>	<p>Dreams & Goals</p> <p>Lesson 6: Celebrating My Learning</p> <p>LO: To evaluate my own learning process and identify how it can be better next time</p> <p>Big Idea (Aspect): Humankind (Wellbeing) Creativity (Speaking, listening, sharing)</p>



Year Three PSHE/RSE Overview for the Year

Term 4	<p>Healthy Me</p> <p>Lesson 1: Being Fit and Healthy</p> <p>LO: To understand how exercise affects my body and know why my heart and lungs are such important organs Big Idea (Aspect): Humankind (Healthy Lifestyles) Humankind (Wellbeing) Investigation (Media)</p>	<p>Healthy Me</p> <p>Lesson 2: Being Fit and Healthy</p> <p>LO: To know that the amount of calories, fat and sugar I put into my body will affect my health Big Idea (Aspect): Humankind (Healthy Lifestyles) Humankind (Wellbeing) Investigation (Media)</p>	<p>Healthy Me</p> <p>Lesson 3: What Do I Know About Drugs?</p> <p>LO: To tell you my knowledge and attitude towards drugs Big Idea (Aspect): Humankind (Healthy Lifestyles) Humankind (Wellbeing) Investigation (Media) Creativity (Vocabulary)</p>	<p>Healthy Me</p> <p>Lesson 4: Being Safe</p> <p>LO: To identify things, people and places that I need to keep safe from Big Idea (Aspect): Humankind (Healthy Lifestyles) Humankind (Wellbeing) Humankind (Staying safe) Humankind (Personal hygiene) Investigation (Media)</p>	<p>Healthy Me</p> <p>Lesson 5: Safe or Unsafe</p> <p>LO: To identify when something feels safe or unsafe Big Idea (Aspect): Humankind (Healthy Lifestyles) Humankind (Wellbeing) Investigation (Media) Place (Place in the world)</p>	<p>Healthy Me</p> <p>Lesson 6: My Amazing Body</p> <p>LO: To understand how complex my body is and how important it is to take care of it Big Idea (Aspect): Humankind (Healthy Lifestyles) Humankind (Personal hygiene) Investigation (Media)</p>
Term 5	<p>Relationships</p> <p>Lesson 1: Family Roles and Responsibilities</p> <p>LO: To identify the roles and responsibilities of each member of my</p>	<p>Relationships</p> <p>Lesson 2: Friendship</p> <p>LO: To identify and put into practice some of the skills of friendship e.g. taking turns, being a good listener</p>	<p>Relationships</p> <p>Lesson 3: Keeping Myself Safe Online</p> <p>LO: To know and can use some strategies for keeping myself safe online</p>	<p>Relationships</p> <p>Lesson 4: Being a Global Citizen 1</p> <p>LO: To explain how some of the actions and work of</p>	<p>Relationships</p> <p>Lesson 5: Being a Global Citizen 2</p> <p>LO: To understand how my needs and rights are shared by children around</p>	<p>Relationships</p> <p>Lesson 6: Celebrating My Web of Relationships</p> <p>LO: To know how to express my appreciation to my friends and family</p>



Year Three PSHE/RSE Overview for the Year

	<p>family and can reflect on the expectations for males and females</p> <p>Big Idea (Aspect): Comparison (Compare and contrast)</p>	<p>Big Idea (Aspect): Significance (Significant people)</p>	<p>Big Idea (Aspect): Humankind (Wellbeing) Humankind (Staying safe) Investigation (Media)</p>	<p>people around the world help and influence my life</p> <p>Big Idea (Aspect): Investigation (Media) Comparison (Compare and contrast) Materials (Consumers)</p>	<p>the world and can identify how our lives may be different.</p> <p>Big Idea (Aspect): Materials (Consumers) Creativity (Speaking, Listening, sharing) Comparison (Compare and contrast)</p>	<p>Big Idea (Aspect): Materials (Consumers) Creativity (Speaking, Listening, sharing)</p>
Term 6	<p>Changing Me</p> <p>Lesson 1: How Babies Grow</p> <p>LO: To understand that in animals and humans lots of changes happen from birth to fully grown, and that usually it is the female who has the baby</p> <p>Big Idea (Aspect): Change (Physical development) Comparison (Compare and contrast)</p>	<p>Changing Me</p> <p>Lesson 2: Babies</p> <p>LO: To understand how babies grow and develop in the mother's uterus</p> <p>Big Idea (Aspect): Change (Physical development) Comparison (Compare and contrast)</p>	<p>Changing Me</p> <p>Lesson 3: Outside Body Changes</p> <p>LO: To understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies</p> <p>Big Idea (Aspect): Change (Physical development) Comparison (Compare and contrast) Humankind (Physical development)</p>	<p>Changing Me</p> <p>Lesson 4: Inside Body Changes</p> <p>LO: To identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up</p> <p>Big Idea (Aspect): Change (Physical development) Comparison (Compare and contrast)</p>	<p>Changing Me</p> <p>Lesson 5: Family Stereotypes</p> <p>LO: To start to recognise stereotypical ideas I might have about parenting and family roles</p> <p>Big Idea (Aspect): Change (Physical development) Comparison (Compare and contrast) Place (Diversity)</p>	<p>Changing Me</p> <p>Lesson 6: Looking Ahead</p> <p>LO: To identify what I am looking forward to when I move to my next class</p> <p>Big Idea (Aspect): Change (Physical development) Comparison (Compare and contrast) Humankind (Setting goals)</p>



Year Three PSHE/RSE Overview for the Year

