



Year Five PE Overview for the Year

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	Netball Lesson 1: 4v2 netball LO: To apply passing and moving skills to keep possession of the ball to score a point. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Netball Lesson 2: Marking 3v3 LO: To apply marking skills to pressure the attackers and force mistakes. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Netball Lesson 3: End to end netball LO: To apply passing and moving skills to create attacks and score points. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Dodgeball Lesson 1: 50/50 Dodgeball: Attacking LO: To throw their ball with accuracy to successfully hit their opponent. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Dodgeball Lesson 2: 50/50 Dodgeball: Defending LO: To apply their understanding of dodging, ducking and jumping to avoid being hit by the ball. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Dodgeball Lesson 3: Dodgeball tournament LO: To collaborate as a team. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)
	Football Lesson 1: 2v2 Mini Games LO: To apply pressure onto the attacker slowing them down. Big Idea (Aspect):	Football Lesson 2: 5v4 Overload defending LO: To collaborate as a team to prevent the attackers from scoring. Big Idea (Aspect):	Football Lesson 3: Wing Football (5v3) LO: To combine passing and dribbling to create attacking opportunities. Big Idea (Aspect):	Hockey Lesson 1: Zone Hockey 4v4 (2v2) LO: To prevent the attackers from scoring. Big Idea (Aspect):	Hockey Lesson 2: 3v3 Hockey LO: To combine passing, dribbling and moving to create a shooting opportunity. Big Idea (Aspect):	Hockey Lesson 3: Hockey tournament LO: To collaborate as a team. Big Idea (Aspect):



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Term 3	Rugby Lesson 1: Cross the River LO: To work together to tag the attackers. Big Idea (Aspect): Processes (Team Games) Creativity (Evaluation)	Rugby Lesson 2: Apply loop / miss passing in a game. LO: To understand when to apply a miss pass in a game. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Rugby Lesson 3: 4v5 defending with a referee LO: To work as a team and adopt suitable positions to prevent an attack. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Dance Lesson 1: Creating a ceremonial dance LO: To create movements that form part of an opening ceremonial dance. Big Idea (Aspect): Processes (Dance)	Dance Lesson 2: Creating battle sequences LO: To create a movement sequence that represents Greek warriors in battle. Big Idea (Aspect): Processes (Dance)	Dance Lesson 3: Moving as Greek Gods LO: To create movements that represent their chosen Greek God. Big Idea (Aspect): Processes (Dance)
Term 4	Gymnastics Lesson 1: Introducing counter tension and counter balancing.	Gymnastics Lesson 2: Making counterbalances 'interesting'.	Gymnastics Lesson 3: Applying counterbalances on apparatus.	Tennis Lesson 1: Introducing the underarm serve & controlling the game from the serve.	Tennis Lesson 2: Placing the Volley & understanding when, where and why we volley in tennis.	Tennis Lesson 3: 1v1 Ladder Tournament LO: To apply their understanding of hitting



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	<p>LO: To create counter tension and counterbalances with a partner.</p> <p>Big Idea (Aspect):</p> <p>Processes (Gymnastics) Creativity (Evaluation)</p>	<p>LO: To create 'interesting' counterbalances with a partner.</p> <p>Big Idea (Aspect):</p> <p>Processes (Gymnastics) Creativity (Evaluation)</p>	<p>LO: To create counterbalances with a partner on apparatus.</p> <p>Big Idea (Aspect):</p> <p>Processes (Gymnastics) Creativity (Evaluation)</p>	<p>LO: To serve the ball landing it in the box diagonally opposite, on their opponent's side of the court.</p> <p>Big Idea (Aspect):</p> <p>Processes (Sending and Striking) Creativity (Evaluation)</p>	<p>LO: To volley using a forehand and backhand.</p> <p>Big Idea (Aspect):</p> <p>Processes (Sending and Striking) Creativity (Evaluation)</p>	<p>the ball to beat their opponent.</p> <p>Big Idea (Aspect):</p> <p>Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>
Term 5	<p>Cricket</p> <p>Lesson 1: Mini Game Batting</p> <p>LO: To direct the ball away from the fielders to score points (runs).</p> <p>KS2:PE1 KS2:PE2</p> <p>Big Idea (Aspect):</p>	<p>Cricket</p> <p>Lesson 2: Mini Game Fielding</p> <p>LO: To keep the batter's score as low as possible.</p> <p>KS2:PE1 KS2:PE2</p> <p>Big Idea (Aspect):</p> <p>Processes (Sending and Striking)</p>	<p>Cricket</p> <p>Lesson 3: Run and Return: Scoring Runs</p> <p>LO: To make effective choices, deciding which marker to run to depending on the fielder.</p> <p>KS2:PE1 KS2:PE2</p> <p>Big Idea (Aspect):</p>	<p>Rounders</p> <p>Lesson 1: Racing Rounders (batting)</p> <p>LO: To hit the ball away from the fielders to score points (rounders).</p> <p>KS2:PE1 KS2:PE2</p> <p>Big Idea (Aspect):</p>	<p>Rounders</p> <p>Lesson 2: Racing Rounders (fielding)</p> <p>LO: To keep the batter's score as low as possible.</p> <p>KS2:PE1 KS2:PE2</p> <p>Big Idea (Aspect):</p>	<p>Rounders</p> <p>Lesson 3: Applying learning into a game</p> <p>LO: To prevent the batter from scoring a rounder or two.</p> <p>KS2:PE1 KS2:PE2</p> <p>Big Idea (Aspect):</p>



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Term 6	Athletics Lesson 1: Sprinting LO: To understand the consequences of not applying the correct technique when sprinting. KS2:PE1 KS2:PE3 KS2:PE6 Big Idea (Aspect): Processes (Athletics) Creativity (Evaluation)	Athletics Lesson 2: Introducing the hurdles. LO: To apply the correct technique when running over the hurdles. KS2:PE1 KS2:PE3 KS2:PE6 Big Idea (Aspect): Processes (Athletics) Creativity (Evaluation)	Athletics Lesson 3: Throwing for distance competition: Shot Put LO: To understand why we need to throw overarm with power and accuracy KS2:PE1 KS2:PE3 KS2:PE6 Big Idea (Aspect): Processes (Athletics) Creativity (Evaluation)	Sports Week including Sports Day	Outdoor Adventurous Activities Lesson 1: Orienteering - Point and Return LO: To orientate a map, locate points on the map, then travel to them and record what they find. KS2:PE5 Big Idea (Aspect): Nature (Outdoor Adventurous Activities)	Outdoor Adventurous Activities Lesson 2: Orienteering - Orienteering Competition LO: To orientate a map, locate points on the map, then travel to them in a set order in an allotted time. KS2:PE5 Big Idea (Aspect): Nature (Outdoor Adventurous Activities)