



Year Six PE Overview for the Year

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	<p>Netball</p> <p>Lesson 1: End to end netball (5v5), LO: To apply passing and moving skills to create attacks and score points.</p> <p>Big Idea (Aspect) Processes (Sending and Striking)</p>	<p>Netball</p> <p>Lesson 2: Marking (3v3) LO: To apply marking skills to pressure the attackers and force mistakes.</p> <p>Big Idea (Aspect) Processes (Team Games)</p>	<p>Netball</p> <p>Lesson 3: Stinger netball. LO: To apply passing and moving skills to score points in games.</p> <p>Big Idea (Aspect) Processes (Sending and Striking)</p>	<p>Dodgeball</p> <p>Lesson 1: Hunter and the Gamekeeper LO: To understand their role as either an attacker or a defender during a game.</p> <p>Big Idea (Aspect) Processes (Team Games) Creativity (Evaluation)</p>	<p>Dodgeball</p> <p>Lesson 2: Dodge & Move LO: To apply their understanding of when, where and why we dodge.</p> <p>Big Idea (Aspect) Processes (Team Games) Creativity (Evaluation)</p>	<p>Dodgeball</p> <p>Lesson 3: Dodgeball Tournament LO: To collaborate as a team.</p> <p>Big Idea (Aspect) Processes (Team Games) Creativity (Evaluation)</p>
Term 2	<p>Football</p> <p>Lesson 1: Football games 4v4</p> <p>LO: To combine passing, dribbling and moving to create a shooting opportunity.</p> <p>Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Football</p> <p>Lesson 2: 5v4 overload defending with referee.</p> <p>LO: To collaborate as a team to prevent the attackers from scoring.</p> <p>Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Football</p> <p>Lesson 3: Football Games (6v6) with referees and a manager.</p> <p>LO: To manage teams selecting who is best suited to certain roles.</p> <p>Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Hockey</p> <p>Lesson 1: 3v3 Endzone Hockey</p> <p>LO: To combine passing, dribbling and moving to create a shooting opportunity</p> <p>Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Hockey</p> <p>Lesson 2: 4v4 Hockey with referees.</p> <p>LO: To officiate the games applying the rules fairly.</p> <p>Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Hockey</p> <p>Lesson 3: Zone Hockey 4v4 (2v2).</p> <p>LO: To learn how defenders can prevent the attackers from scoring.</p> <p>Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>



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Term 3	Rugby Lesson 1: Break Out (6v4) & cross the river LO: To collaborate to create and apply effective defending tactics in their teams & work together to tag the attackers. Big Idea (Aspect): Processes (Team Games) Creativity (Evaluation)	Rugby Lesson 2: Crossways rugby LO: To collaborate to create effective attacking tactics in teams. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Rugby Lesson 3: 7v7 Mini Games LO: To collaborate to create effective attacking and defending tactics in their teams. Big Idea (Aspect): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Dance Lesson 1: Introducing 'Samba Schools' LO: To work in groups to create a short movement sequence to introduce their Samba school. Big Idea (Aspect): Processes (Dance) Creativity (Evaluation)	Dance Lesson 2: Learning the Samba steps LO: To learn the basic Samba steps and perform focusing on the rhythm. Big Idea (Aspect): Processes (Dance) Creativity (Evaluation)	Dance Lesson 3: Samba choreography LO: To work in groups to bring together their Samba dances Big Idea (Aspect): Processes (Dance) Creativity (Evaluation)
	Gymnastics Lesson 1: Introduce Matching LO: To create matching movements with a partner. Big Idea (Aspect): Processes (Gymnastics) Processes (Dance)	Gymnastics Lesson 2: Creating a matching mini sequence LO: To create a mini sequence of matching movements with a partner. Big Idea (Aspect): Processes (Gymnastics) Processes (Dance) Creativity (Evaluation)	Gymnastics Lesson 3: Creating a matching mini sequence on apparatus LO: To create a mini sequence of matching movements with a partner on apparatus. Big Idea (Aspect):	Tennis Lesson 1: Cone Tennis / King or Queen of the court LO: To hit the ball into open spaces / their opponents court to win a point. Big Idea (Aspect): Processes (Sending and Striking)	Tennis Lesson 2: Singles Round Robin Competition LO: To apply their understanding of hitting the ball to beat their opponent Big Idea (Aspect):	Tennis Lesson 3: 2v2 ladder tournament LO: To collaborate with their doubles partner to beat their opponents. Big Idea (Aspect): Processes (Sending and Striking)



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			Processes (Gymnastics) Processes (Dance) Creativity (Evaluation)		Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)	Processes (Team Games) Creativity (Evaluation)
Term 5	Outdoor learning and adventurous activities Y6 Residential trip activities: Abseiling, Rock Climbing, Skiing, Bouldering, Kayaking, Canoeing, Raft Building, Archery, Orienteering, Low / High Ropes, Zip Wire, Team Building, Team Challenge, Problem Solving, Bushcraft, Campfire. Big Ideas (Aspect): Nature (Outdoor Adventurous Activities)	Athletics Lesson 1: Throwing & Jumping techniques. LO: To understand why we need to throw overarm with power and accuracy, jump applying the correct technique (long jump) & apply the correct hop, skip and jump technique (triple jump). Big Ideas (Aspect): Processes (Athletics) Investigation (Data Analysis) Creativity (Evaluation)	Athletics Lesson 2: Athletics Competition: Jumping and Throwing LO: To collaborate as a team and apply their understanding of throwing and jumping into a competition. Big Ideas (Aspect): Processes (Athletics) Investigation (Data Analysis) Creativity (Evaluation)	Sports Week including Sports Day	Athletics Lesson 3: Sprinting races & Long Distance Racing LO: To apply the correct technique when sprinting and to understand why they need to pace themselves when running over a longer distance. Big Ideas (Aspect): Processes (Athletics) Investigation (Data Analysis) Creativity (Evaluation)	Athletics Lesson 4: Athletics Competition: Running LO: To collaborate as a team and apply their understanding of running into a competition. Big Ideas (Aspect): Processes (Athletics) Creativity (Evaluation)
Term 6	Cricket Lesson 1: Mini game - batting	Cricket Lesson 2: Mini game - fielding	Cricket	Rounders	Rounders	Rounders



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	<p>LO: To collaborate to create effective batting tactics in their teams (runs).</p> <p>Big Idea (Aspects): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>LO: To collaborate to create effective fielding and bowling tactics in their teams.</p> <p>Big Idea (Aspects): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Lesson 3: Mini Game (6v6) with fielding or bowling restrictions</p> <p>LO: To collaborate to create and apply effective fielding tactics in their teams to keep the batter's score as low as possible.</p> <p>Big Idea (Aspects): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Lesson 1: Preventing rounders : Fielding tactics</p> <p>LO: To prevent the batter from scoring a full rounder or two.</p> <p>Big Idea (Aspects): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Lesson 2: Racing Rounders (fielding)</p> <p>LO: To keep the batter's score as low as possible.</p> <p>Big Idea (Aspects): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>	<p>Lesson 3: Racing Rounders (batting)</p> <p>LO: To hit the ball away from the fielders to score points (rounders).</p> <p>Big Idea (Aspects): Processes (Sending and Striking) Processes (Team Games) Creativity (Evaluation)</p>
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