



Year Six PSHE/RSE Overview for the Year

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	<p>Being in my World: Lesson 1: My year ahead LO: To identify my goals for this year, understand my fears and worries about the future and know how to express them.</p> <p>Big Idea (Aspect): Humankind (Wellbeing)</p>	<p>Being in my World: Lesson 2: Being a global citizen 1 LO: To know that there are universal rights for all children but for many children these rights are not me.</p> <p>Big Idea (Aspect): Place (Place in the world)</p>	<p>Being in my World: Lesson 3: Being a global citizen 2 LO: To understand that my actions affect other people locally and globally.</p> <p>Big Idea (Aspect): Place (Place in the world) Processes (Environment)</p>	<p>Being in my World: Lesson 4: The learning charter LO: To make choices about my own behaviour because I understand how rewards and consequences feel and understand how these relate to my rights and responsibilities.</p> <p>Big Idea (Aspect): Nature (Rights of others)</p>	<p>Being in my World: Lesson 5: Our learning charter LO: To understand how an individual's behaviour can impact on a group.</p> <p>Big Idea (Aspect): Nature (Rights of others)</p>	<p>Being in my World: Lesson 6: Owning our learning charter LO: To understand how democracy and having a voice benefits the school community.</p> <p>Big Idea (Aspect): Nature (Rights of others)</p>
Term 2	<p>Celebrating Difference: Lesson 1: Am I normal? LO: To understand there are different perceptions about what normal means.</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference: Lesson 2: Understanding difference LO: To understand that everyone has a right to be who they are.</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference: Lesson 3: Power struggles LO: To explain some of the ways in which one person or a group can have power over another.</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference: Lesson 4: Why Bully? LO: To know some of the reasons why people use bullying behaviours.</p> <p>Big Idea (Aspect): Humankind (Unacceptable behaviour)</p>	<p>Celebrating Difference: Lesson 5: Celebrating difference LO: To give examples of people with disabilities who lead amazing lives.</p> <p>Big Idea (Aspect):</p>	<p>Celebrating Difference: Lesson 6: Celebrating difference LO: To explain ways in which difference can be a source of conflict and a cause for celebration.</p> <p>Big Idea (Aspect):</p>



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	<p>Humankind (Unacceptable behaviour) Place (Diversity) Comparison (Compare and contrast) Creativity (Vocabulary)</p>	<p>Humankind (Unacceptable behaviour) Place (Diversity) Comparison (Compare and contrast) Creativity (Vocabulary)</p>	<p>Humankind (Unacceptable behaviour) Place (Diversity)</p>		<p>Humankind (Unacceptable behaviour) Comparison (Compare and contrast) Investigation (Issues, Evidence, ideas)</p>	<p>Humankind (Unacceptable behaviour) Place (Place in the world) Comparison (Compare and contrast) Investigation (Issues, Evidence, ideas)</p>
Term 3	<p>Dreams & Goals: Lesson 1: Personal Learning Goals</p> <p>LO: To know my learning strengths and can set challenging but realistic goals for myself</p> <p>Big Idea (Aspect): Humankind (Setting Goals)</p>	<p>Dreams & Goals: Lesson 2: Steps to Success</p> <p>LO: To work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these</p> <p>Big Idea (Aspect): Humankind (Setting Goals)</p>	<p>Dreams & Goals: Lesson 3: My Dream For the World</p> <p>LO: To identify problems in the world that concern me and talk to other people about them</p> <p>Big Idea (Aspect): Place (Place in the world) Processes (Environment)</p>	<p>Dreams & Goals: Lesson 4: Helping to Make a Difference</p> <p>LO: To work with other people to help make the world a better place</p> <p>Big Idea (Aspect): Place (Place in the world)</p>	<p>Dreams & Goals: Lesson 5: Helping to Make a Difference</p> <p>LO: To describe some ways in which I can work with other people to help make the world a better place</p> <p>Big Idea (Aspect): Place (Place in the world)</p>	<p>Dreams & Goals: Lesson 6: Recognising Our Achievements</p> <p>LO: To know what some people in my class like or admire about me and can accept their praise</p> <p>Big Idea (Aspect): Creativity (Speaking, Listening, Sharing)</p>
Term 4	<p>Healthy Me: Lesson 1: Taking responsibility for my health and well-being.</p>	<p>Healthy Me: Lesson 2: Drugs</p> <p>LO: To know about different types of drugs and</p>	<p>Healthy Me: Lesson 3: Exploitation</p> <p>LO: To understand that some people can be</p>	<p>Healthy Me: Lesson 4: Gangs</p>	<p>Healthy Me: Lesson 5: Emotional and Mental Health</p>	<p>Healthy Me: Lesson 6: Managing Stress and Pressure</p>



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	<p>LO: To take responsibility for my health and make choices that benefit my health and well-being.</p> <p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing)</p>	<p>their uses and their effects on the body particularly the liver and heart.</p> <p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing) Humankind (Healthy Lifestyles) Materials (Consumers)</p>	<p>exploited and made to do things that are against the law.</p> <p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing) Humankind (Staying safe) Investigation (Media)</p>	<p>LO: To know why some people join gangs and the risks this involves.</p> <p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing) Humankind (Staying safe) Significance (Relationships) Investigation (Media)</p>	<p>LO: To understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness.</p> <p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing)</p>	<p>LO: To recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse.</p> <p>Big Idea (Aspect):</p> <p>Humankind (Wellbeing)</p>
Term 5	<p>Relationships: Lesson 1: What is Mental Health?</p> <p>LO: To know that it is important to take care of my mental health.</p> <p>Big Idea (Aspects):</p> <p>Humankind (Wellbeing)</p>	<p>Relationships: Lesson 2: My Mental Health</p> <p>LO: To know how to take care of my mental health.</p> <p>Big Idea (Aspects):</p> <p>Humankind (Wellbeing) Humankind (Lifestyles)</p>	<p>Relationships: Lesson 3: Love and Loss</p> <p>LO: To understand that there are different stages of grief and that there are different types of loss that cause people to grieve.</p> <p>Big Idea (Aspects):</p> <p>Humankind (Wellbeing)</p>	<p>Relationships: Lesson 4: Power and Control</p> <p>LO: To recognise when people are trying to gain power or control.</p> <p>Big Idea (Aspects):</p> <p>Significance (Relationships)</p>	<p>Relationships: Lesson 5: Being Online: Real or Fake? Safe or Unsafe?</p> <p>LO: To judge whether something online is safe and helpful for me.</p> <p>Big Idea (Aspects):</p> <p>Materials (Consumers) Investigation (Media)</p>	<p>Relationships: Lesson 6: Using Technology Responsibly</p> <p>LO: To use technology positively and safely to communicate with my friends and family.</p> <p>Big Idea (Aspects):</p> <p>Materials (Consumers) Investigation (Media)</p>



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<p>Term 6</p>	<p>Changing Me: Lesson 1: My self-image</p> <p>LO: To be aware of my own self-image and how my body image fits into that.</p> <p>Big Ideas (Aspect): Creativity (Speaking, Listening, Sharing)</p>	<p>Changing Me: Lesson 2: Puberty</p> <p>LO: To explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>Big Ideas (Aspect): Creativity (Vocabulary)</p>	<p>Changing Me: Lesson 3: Babies: Conception to Birth</p> <p>LO: To describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</p> <p>Big Ideas (Aspect): Change (Physical Development) Creativity (Vocabulary)</p>	<p>Changing Me: Lesson 4: Boyfriends and girlfriends.</p> <p>LO: To understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.</p> <p>Big Ideas (Aspect): Significance (Relationships) Creativity (Vocabulary)</p>	<p>Changing Me: Lesson 5: Real self and ideal self</p> <p>LO: To be aware of the importance of a positive self-esteem and what I can do to develop it.</p> <p>Big Ideas (Aspect): Comparison (Compare and Contrast) Creativity (Speaking, Listening, Sharing)</p>	<p>Changing Me: Lesson 6: The Year Ahead</p> <p>LO: To explain ways in which difference can be a source of conflict and a cause for celebration.</p> <p>Big Ideas (Aspect): Humankind (Setting Goals) Change (Life Changes)</p>
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